

INTRODUCTION

The official 40 International Rudiments are a group of exercises designed to develop speed, control, endurance and coordination in each hand. While they go a long way in achieving their goal, they are somewhat limited in scope and depth. For instance, many drummers now include quintuplets and septuplets into their every day playing, yet not a single rudiment is encased in either of these two rhythmic groupings. Moreover, the official rudiments are always presented starting on the downbeat in duple or triplet fashion. But by presenting each rudiment in both forms wherever possible, and starting them at different points along the beat, the reader will find his or her control and development greatly enhanced.

I believe the time has now come for the official rudiments to be increased and updated. The extensive series of “new rudiments” herein will do just that – they are basic and necessary to the overall development of hand technique, and deserve to be recognized and adopted as actual rudiments by being titled “official” in a greatly expanded set of international rudiments.

The title of this book is somewhat of a misnomer since the sticking patterns, which I call “new rudiments,” are not new at all – in fact, many are quite common, often used by drummers, but without being thought of as rudiments. Whether or not you think of them as new rudiments, unofficial rudiments, extended rudiments, or simply hand exercises, they will each prove useful in helping to develop substantial skill in the area of hand technique.

Other books dealing with rudiments and hand technique include:

RUDIMENTS AROUND THE DRUMS
BLOOD SWEAT & RUDIMENTS
RUDIMENT ETUDES FOR SNARE DRUM
RUDIMENT DUETS
READING, RUDIMENTS & MARCHING CADENCES
READING, RUDIMENTS AND ROCK DRUMMING
STICKING PATTERNS
BASIC DRUM TECHNIQUE & BEYOND

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THE NEW SINGLE-STROKE ROLL RUDIMENTS

While the official measured double-stroke roll rudiments include the 5, 7, 9, 10, 11, 13, 15 and 17-stroke rolls, the official measured single-stroke rudiments are comprised of only the single-stroke four, and single-stroke seven.

The following group of new single-stroke roll rudiments is made up of the 3, 4, 5, 6, 7, 8 and 9-stroke rolls. The official four and seven single-stroke rolls are included because they are now presented at different starting points along the beat.

Some of the new rudiments are notated with two stickings underneath their noteheads. Play each sticking separately, and not from one sticking directly onto the other.

IMPORTANT: Throughout the book, brackets will be seen under some of the sticking patterns. This is done to make the sticking of the new rudiments clearer as they appear at different starting points along the beat.

THE NEW SINGLE-STROKE THREE (THREE-STROKE RUFF)

In a sense, the Single-Stroke Three is the shortest possible single-stroke roll. All longer measured single-stroke rolls could be thought of simply as multiples of the Single-Stroke Three.

STARTING AT DIFFERENT POINTS ALONG THE BEAT WITH SIXTEENTH NOTE & EIGHTH NOTE TRIPLETS

1 $\frac{2}{4}$ R L R L R L :||

2 $\frac{2}{4}$ L R L L R L :||

3 $\frac{2}{4}$ R L R L R L :||

4 $\frac{2}{4}$ L R L :||

5 $\frac{5}{4}$ R L R L R L :||

6 $\frac{4}{4}$ R L R L R L :||

SIXTEENTH NOTES COMBINED WITHIN AN EIGHTH NOTE TRIPLET

1 R L R L R L :||

2 R L R L R L :||

THE NEW SINGLE-STROKE THREE PLUS ONE

1 $\frac{3}{4}$ R L R L R L :||

2 R L R L R L :||

WITHIN A TRIPLET

1 $\frac{2}{4}$ R L R L R L :||

2 R L R L R L :||

COMBINATIONS

1 $\frac{3}{4}$ R L R L R L :||

2 $\frac{2}{4}$ R L R L R L :||

3 $\frac{3}{4}$ R L R L R L :||

4 $\frac{2}{4}$ R L R L R L :||

THE NEW SINGLE-STROKE FOUR (FOUR-STROKE RUFF)

STARTING AT DIFFERENT POINTS ALONG THE BEAT
WITH SIXTEENTH NOTES & EIGHTH NOTE TRIPLETS

1 $\frac{2}{4}$ R L R L

2 $\frac{2}{4}$ L R L R

3 $\frac{2}{4}$ R L R L

4 $\frac{2}{4}$ L R L R

5 $\frac{3}{4}$ R L R L L R L R

6 $\frac{3}{4}$ L R L R R L R L L R L R L R

7 $\frac{3}{4}$ * R L R L L R L R

8 $\frac{4}{4}$ R L R L L R L R R L R L

9 $\frac{5}{4}$ R L R L L R L R L R L R L R

* Brackets underneath the rudiment are used to help you recognize the single-stroke four at different points along the beat.

WITH SIXTEENTH TRIPLETS

FROM THE DOWNBEAT

1 $\frac{2}{4}$ R L R L R L R L

FROM THE UPBEAT

2 $\frac{2}{4}$ R L R L R L R L

WITHIN EIGHTH NOTE TRIPLETS

1 $\frac{2}{4}$ R L R L R L R L R L R L

2 $\frac{2}{4}$ R L R L R L R L R L R L

COMBINATIONS

1 $\frac{2}{4}$ R L R L R L R L R L R L R L R L R L R L

2 $\frac{2}{4}$ R L R L R L R L R L R L R L R L R L R L

THE NEW SINGLE-STROKE FIVE

STARTING AT DIFFERENT POINTS ALONG THE BEAT WITH SIXTEENTH NOTES

1 $\frac{2}{4}$
 R L R L R L R L R L

2 $\frac{2}{4}$
 L R L R L R L R L

3 $\frac{2}{4}$
 R L R L R L R L R L

4 $\frac{3}{4}$
 R L R L R L R L R L

5 $\frac{3}{4}$
 L R L R L R L R L

WITH EIGHTH NOTE TRIPLETS

1 $\frac{2}{4}$
 R L R L R L R L

2 $\frac{2}{4}$
 L R L R L R L R L

3 $\frac{2}{4}$
 L R L R L R L R L

WITH SIXTEENTH NOTES WITHIN EIGHTH NOTE TRIPLETS

1 $\frac{2}{4}$
 R L R L R L R L R L

2 $\frac{2}{4}$
 R L R L R L R L R L

COMBINATIONS

1 $\frac{4}{4}$
 R L R L R L R L R L

2 $\frac{4}{4}$
 R L R L R L R L R L

3 $\frac{4}{4}$
 R L R L R L R L R L

4 $\frac{4}{4}$
 L R L R L R L R L R L

5 $\frac{4}{4}$
 R L R L R L R L R L

6 $\frac{2}{4}$
 R L R L R L R L R L

7 $\frac{3}{4}$
 R L R L R L R L R L

8 $\frac{2}{4}$
 R L R L R L R L R L

REMEMBER: When there are two stickings underneath the noteheads play each sticking separately, and not from one directly into the other.